

When You Fast

Fasting for The Next Generation

Ezra 8:21-23 • December 4, 2022

Spiritual fasting entails reducing the intake of food and replacing these activities with the exercise of prayer and preoccupation with spiritual concerns.

Biblical fasting always deals with food. The Greek word which is translated “fasting” literally means one who has not eaten, one who is empty, one who is hungry.

Three Types of Fasts

Normal: no intake of food for a prescribed period of time, though there may be an intake of liquids;

Partial: diet is limited, though some food is allowed

Absolute: a total abstinence from food and liquids in all forms.

Fasting proves that we are willing to _____.

Fasting proves that we are personally _____.

Fasting proves that our trust is in _____.

We must give _____.

“Hear, O Israel: The LORD our God is one LORD: And thou shalt love the LORD thy God with all thine heart, and with all thy soul, and with all thy might. And these words, which I command thee this day, shall be in thine heart: And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up. And thou shalt bind them for a sign upon thine hand, and they shall be as frontlets between thine eyes. And thou shalt write them upon the posts of thy house, and on thy gates.”
Deuteronomy 6:4-9

We must teach them to _____.

“Tell ye your children of it, And let your children tell their children, And their children another generation.” Joel 1:3

We must teach them _____.

“Train up a child in the way he should go: And when he is old, he will not depart from it.” Proverbs 22:6

We must teach them God’s Word _____.

We must provide _____.

_____ wants to ruin our children.

We must protect their _____.

We must protect their _____.

We must protect their _____.

We must fight for the children _____.

We must model _____.

We must live a real, radical, strong, _____.

The greatest gift you can give your children is a _____.

**We place our children in great danger when we have a half-hearted or nonexistent
_____ to the things of God.**